



Humla Nyinba Valley To Raling Gompa



Introduction

One of the most remote districts in Nepal, Humla in northwestern Nepal is quite famous as the gateway to Mansarovar and Mount Kailash in Tibet. Very few people know that very close to Simikot (the headquarters of Humla) lies a beautiful hidden the Nyinba Valley. Entering the Nyinba Valley is like stepping back in time to the 18th century. In the small villages century-old Tibetan Buddhist traditions are still an important part of daily life. The trek will take you to the Buddhist monastery of Raling Gompa, which is beautifully located at the bottom of Crystal Mountain. The trek brings you to the Buddhist monastery of Raling Gompa, which is spectacularly located at the bottom of Crystal Mountain.

Facts

- Altitude: 3930<
- Duration: 10 days
- Grade: Moderate
- Group: 2 - 15
- Country: Nepal
- Best Season: Feb-May, Aug-Oct
- Start/Ends: Kathmandu (Capital of Nepal)
- Accommodation: Hotels/Local Tea House/Tented trek

Highlights

- Short Camping Trek in one of the most remote districts of Nepal.
- Tibetan Buddhist Tradition culture
- Hidden The Nyinba Valley
- Famous Gateway to Manasarovar and Mount Kailash
- Rare flora and fauna

Itinerary

- **Day 1** : Arrive at Tribhuvan International Airport (KTM) Kathmandu
- **Day 2** : Trip Preparation and Sightseeing around Kathmandu. Overnight Hotel. Meal includes:Breakfast/Dinner
- **Day 3** : Fly from Kathmandu-Nepalgunj 55.minutes and transfer to Hotel. Overnight in Nepalgunj. Overnight Hotel. Meal includes:Breakfast/Lunch/Dinner
- **Day 4** : Flight Nepalgunj-Simikot 2,980m. walk to Buraunse 3,200m. via Buraunse Gompa 3,430m. 3-4 hrs. Tented Camp. Meal includes:Breakfast/Lunch/Dinner
- **Day 5** : Buraunse 3,200m. to Nimatang 3,325m. 4 hrs. Overnight in Tented Camp. Meal includes:Breakfast/Lunch/Dinner
- **Day 6** : Nimatang 3,325m. to campsite Raling Gompa 3,930m. 3-4 hrs. Overnight in Tented Camp. Meal includes:Breakfast/Lunch/Dinner
- **Day 7** : Campsite Raling Gompa 3,930m. to Bargaun 2,940m. 4 hrs. Overnight in Tented Camp. Meal includes:Breakfast/Lunch/Dinner
- **Day 8** : Bargaun 2,940m. to Karpunath 2,106m. 3-4 hrs. Overnight in Tented Camp. Meal includes:Breakfast/Lunch/Dinner
- **Day 9** : Karpunath 2,106m. to Simikot 2,980m. 6 hrs. Overnight in Tea House Lodge. Meal includes:Breakfast/Lunch/Dinner
- **Day 10** : Flight Simikot 2,950m- Nepalgunj 150m - Kathmandu 1300m. Overnight in Hotel. Meal includes:Breakfast/Dinner
- **Day 11** : Final Departure

Note: The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and other activities in Pokhara and other extra activities so feel free to write us on info@xtremeclimbers.com for further details.

Cost Includes

Full Board Service Includes

- Airport Pickup/Drop
- Domestic Airfare Kathmandu-Nepalgunj-Simikot Round trip.
- All Ground Transportation
- All Required restricted Simikot- Hilsa-Limi special Entry permits, ACAP Permit & National park Fees
- Guide and Porter wages and their insurance
- 3 star or same category hotel on BB {Bed & Breakfast} plan in Kathmandu according itinerary
- Accomodation in Nepalgunj with full board of meals.
- Comfortable high quality VE-25 North face tents for members during camping
- Entire necessary High quality Kitchen utilities with Dining, Toilette, Kitchen tent chair/table.
- Company Guarantee for Emergency evacuation (clients are required to have their own traveling Insurance which copied hand over to company)
- All food, kitchen & camping staff and equipment transfers by bus to Nepalgunj and by air to Simikot.
- Required necessary land transportation
- Full board of meals while on trek
- Thuraya SAT Phone (Emergency use only)
- Radio Walkie Talkie
- Guide and porters will be insured as required by Nepal government regulation
- Local supporting staff and required necessary Mules and Yaks to carry loads and their wages.

Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

Why we don't include cost in our website?

NOTE: To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
2. The cost of the trip depends on Number of persons joining in group for High expedition or Mountain Climbing including number of climbers, non-climber, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, kitchen crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.
4. Request numbers of oxygen, mask regulators and the brands the clients require
5. The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.
6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.
7. Type of high camp food that clients require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the one available here.
8. Either any of the climbers intend to attempt any world records? If so, do they require special services or equipment?

Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in [CONTACT US](#) or login to [Xtreme Climbers](#) for any information about your selected package.

Cost Excludes

Full Board Service Excludes

- Any meals in Kathmandu other than breakfast, welcome and Farewell dinner.
- Travel insurance (if you want us to arrange your travel insurance, we would greatly be happy to assist).
- International air fare to and from Nepal.
- Nepal Tourist Visa fee.

- Items and expenses of a personal nature.
- Any kind of alcoholic drinks, cold drinks, laundry, phone calls, internet.
- Personal Trekking Equipments like sleeping bags, jackets (can all be hired in KTM)
- Emergency Evacuation (Helicopter Rescue)
- Any costs which arise due to a change of the itinerary, because of landslides, political disturbance, and strikes etc.
- Any other costs whatsoever, that is not mentioned in the cost includes.
- Horse renting and additional porters due to natural calamities during the trek.
- Tips for guide, porters, driver

