



Cho Oyu (8210m)



Introduction

Mt. Cho Oyu Expedition (8,201m.) Cho Oyu in Tibetan is “Turquoise God” which means the turquoise color of the peak in the afternoon sun from the Tibet side of the mountain. But in Nepal it is known as Qowowuyag by the Sherpas. Stands astride the Nepal/Tibet border, just 70 kilometres west of Everest. It is the world's sixth highest mountain and of the fourteen 8,000 metre peaks, it is regarded as one of the most straightforward to climb. due to its straightforward climbing with minimal objective danger and less technically demanding. The mountain would be the best choice for the mountaineers who want to stand on the summit of 8000 meter peak. Cho Oyu climbing has the higher rate of success than any other 8000 meter peak climbing in Nepal & Tibet. The mountain was first climbed by Hebert Tichy in 1954. We arrange both the logistic support to ABC and fully guided Cho Oyu expedition.

Facts

- Altitude: 8201m<
- Duration: 45 days
- Grade: Comparatively Strenuous (PD++)
- Group: 2 - 15
- Country: Nepal
- Best Season: April and May & October and November
- Start/Ends: Kathmandu (Capital of Nepal)

- Accommodation: Hotel in Kathmandu on BB plan / Mountain lodge (tea house) in Trekking.
- Transportation: Domestic airplane and tourist vehicles
- Meals Includes: Breakfast and welcome or farewell dinner in Kathmandu / Full board in Trekking (Breakfast, Lunch & Dinner).

Highlights

- A scenic and exciting adventure on world highest and largest plateau of Tibet
- An exciting and adventurous climb of world sixth highest Mt. Cho-Oyu with tremendous views
- Pristine natural surrounding on the least explored areas of Tibetan dry and scenic plateau
- Exciting overland drive from Nepal to Tibet and over picturesque passes with awesome views
- A mind-blowing experience around traditional Tibetan villages and Nomads areas
- Adventure of challenging and classic climb with super panorama of world highest peaks

Itinerary

- **Day 1** : Arrive at Tribhuvan International Airport (KTM) Kathmandu: Arrival in Kathmandu [1300 m/4264 ft]
- **Day 2 - 3** : Free day, Visa collection, Rest and prepare day for assignment and briefing. Included meals:Breakfast
- **Day 4** : Drive from Kathmandu to Syprubeshi (1460m/4790 ft) overnight at tea house accommodation. Included meals:Breakfast Lunch Dinner
- **Day 5** : Drive from Syprubeshi to Kerung Height(3,200m/10499 ft) hotel accommodation. Included meals:Breakfast Lunch Dinner
- **Day 6** : Drive from Kerung height to Tingri (4,348m/14,268 ft) hotel accommodation. Included meals:Breakfast Lunch Dinner
- **Day 7** : Drive from Shigatse to Tingri (4,350m/14269ft, 06 hrs) Overnight at Hotel. Included meals:Breakfast Lunch Dinner
- **Day 8** : Rest day at Tingri for acclimatization.The climbing Sirdar will take you up to a (5,000m/16404 ft) hill for acclimatization after breakfast. Included meals:Breakfast Lunch Dinner
- **Day 9** : After breakfast drive from Tingri to the Chinese base camp (4,800m/15750 ft.) which is about two hour drive. camping accommodation. Included meals:Breakfast Lunch Dinner
- **Day 10** : Rest and acclimatization at Chinese base camp (4,800m/15750 ft). To arrange yaks to go to advanced base camp via middle camp. Included meals:Breakfast Lunch Dinner
- **Day 11** : Trek from Chinese Base Camp to Middle Camp(5,300m/17388 ft.) along the 4x4 track. camping accommodation. Included meals:Breakfast Lunch Dinner
- **Day 12** : Trek from Middle Camp to ABC (5,700m/18700 ft) of Cho Oyu camping accommodation. Included meals:Breakfast Lunch Dinner
- **Day 13 - 40** : Climbing Period –Summit (8,450m/26906 ft). Included meals: High Food.
- **Day 41** : Dismantling ABC;trek to middle camp to Tingri(4,348m/14,268 ft)-takes about 05 hours trekking and 06 hours driving; overnight in hotel. Included meals:Breakfast Lunch Dinner
- **Day 42** : Drive from Tingri to Kerung Height(3,200m/10499 ft) overnight at tea house accommodation in B/B plan . Included meals:Breakfast Lunch Dinner
- **Day 43** : Early in the morning drive from Kerung height to Kerung border, finish immigration formalities to cross the border and then drive to Kathmandu,transfer to hotel. Included meals:Breakfast Lunch Dinner
- **Day 44** : Free day in Kathmandu and Nepalese cultural program with farewell dinner in the evening. Included meals:Breakfast Dinner
- **Day 45** : Final Departure.Included meals:Breakfast

Note: The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on info@xtremeclimbers.com for further details.

Cost Includes

Full Board Service Includes

Full Board Service for our entire range of flagship Mountaineering Expeditions to all 8,000m peaks. Xtreme Climbers Full Board service means that we will provide a Trekking service, an in-Base camp service and High camp service executed by our Climbing Sherpa Guide. All our Full Board clients will have a personal Sherpa Climbing guide exclusively dedicated to the client for the duration of the climbing. Xtreme Climbers climbing Sherpa guide team will set and secure

climbing route in collaboration with other climbing teams participating on the route, Setting up all high camps with camping equipment, provisions and Oxygen and prepare high altitude food for our client. Assisting our valuable client on the route and ensure client 100% safety and well being on the route through guiding and negotiating the route access priorities at pace and schedule determined by clients' physical condition and preferred pace. Ensure total commitment to the client in case of emergency with clients' safety and well being as overriding priority. High camp service for Full Board Service clients will consist of provision of all equipment necessary to fix the route, all camping equipment, fuel and food for high camps as well as oxygen provision, including mask and regulator and latest model of Poisk oxygen, Summit system of Mask regulators in quantities specified in your climbing itinerary as per height of Mountain.

- All arrival and departure transfer services to and from international airport with other necessary surface transportation as per itinerary.
- Assistance at the international airport by Xtreme Climbers representative on arrival and departure.
- 4 night request star hotel accommodation in Kathmandu as per itinerary.
- Truck for expedition equipment from Kathmandu-Kerung-Kathmandu.
- Schedule flights from KTM-LHASA-KTM.
- Tibet Visa and Travel Permit for expedition crew.
- Expedition Permit to climbing Cho Oyu along northwest ridge route.
- Land Transportation from KTM-KERUNG-KTM for Climbing members and Staff.
- Custom clearances at the border of China.
- Cho-Oyu Expedition Chinese Government Royalty for group and climbing Sherpa guide.
- Chinese visa for climbing period, both Base Camp staff, Sherpa and group.
- 1:1 Climbing Sherpa guide each member and leaders will be included.
- TMA or CTMA selected English speaking Chinese liaison officer and interpreter
- Required necessary camping equipment in Base camp and Advance Base Camp.
- Full Board (B/L/D) Hotel in route in Tibet: Lhasa, Tingri (provided by CTMA).
- High quality Food and high food during expedition period for expedition members and staff.
- Permanent kitchen facilities at advance base camp with entire necessary services as per itinerary.
- Required necessary staff during Expedition period with experienced guide (B.C Manager) as per group size.
- Surface transportation will be available as per itinerary.
- Cargo clearance & duties assistance service free.
- Daily wages, equipment allowance & insurance for expedition staff.
- Required necessary Solar panel for light and battery charger will be provided for expedition members.
- High quality VE-25 North Face personal tent at base camp and advance base camp for members
- Permanent kitchen, Dining and shower facility at B.C and at A.B.C.
- Required necessary climbing hardware ropes.
- Preferable meals at B.C, A.B.C, and higher camps, Hot drinks and beverages, freeze dried food during expedition
- 24 hours hot drinks and beverage during expedition
- Quality high altitude freeze dried food for Sherpa and client
- 2 Oxygen Bottles with mask and regulators (if requested by client)
- Best high quality Sherpa's tents, food during trekking and climbing period, and their insurance.
- Ice falls charges, all high quality tent for higher camps 1, 2, 3 -
- EPI gas and burners for cooking food above base camp.
- Entire necessary Accidental Insurances of Cook, Climbing Sherpa guide and B.C staff and their wages, equipment, medical.
- Required necessary Camping and Kitchen equipments, Camp furniture, Dining, Guest, Kitchen, Shower, Toilet Tents etc....
- Per person 50.kg baggage allowance during trekking-up and down carrying by Yak.
- At Kerung border Truck will be provided for -Chinese base camp and return Kerung for loads.
- Required necessary Yaks to carry expedition loads from Chinese base camp to middle camp to advance base camp and return.
- Higley experienced, trained and Government Licensed Climbing guide's during climbing period per person as per clients requirements.
- First Aid medical kits for the group and the staff.
- Satellite phone carrying by guide for communication and available for members with the cost of US\$ 4 per minute call.
- Appropriate food for high altitude and all climbing crew at base camp and above as required.
- Emergency Oxygen and Mask Regulator.
- Entire necessary paper works, office Service charge and Government Taxes levied in Nepal.
- Complete pre-departure information, flight ticket reconfirmation and visa extension procedure services (if necessary)
- Welcome and Farewell dinner in a typical Nepali restaurant with domestic culture show in Kathmandu.

- Our service charges

Base Camp Service Includes

In Base Camp: Xtreme Climbers provides very professional, helpful and friendly service from Kathmandu to the ABC as well as during the climb. Our objective is to provide a good quality, helpful, safe, friendly, stress free and comprehensive service to maximize summit opportunity. In the Base camp our Xtreme Climbers Kitchen Chef and helpers will prepare and serve delicious freshly cooked and plentiful meals 3 times a day and will ensure that hot and cold drinks are available 24 hrs a day. In the Base Camp we provide spacious expedition quality personal tents for all our clients both with full board or base-camp service only. In base camp we will provide high quality Dining, Kitchen, Toilet facilities and portable shower facilities and tent accommodation for our staff. In base camp we provide access to communication including satellite telephone and internet access, solar panels to charge your batteries and UHF/VHF handheld radios on the mountain to maintain communications between ABC and high camps. Our camp manager as well as guides and climbing Sherpa's have an extensive experience on multiple Everest/Cho-Oyu climbs. They will ensure cooperation with other companies and Base Camp organization. In base camp our guides will work with other teams to ensure contribution from all operators for tasks such as route fixing and to ensure the safety of climbers from ABC to the summit.

- All arrival and departure transfer services to and from Airport .
- Assistance at the International airport by Satori Adventures representative on arrival and Departure.
- 04 Night request star hotel accommodation in Kathmandu as per itinerary.
- Truck for expedition equipment from Kathmandu-Kerung-Kathmandu.
- Schedule flights from KTM-LHASA-KTM.
- Chinese custom clearances at the border
- Chinese Government Royalty for Cho-Oyu Expedition for Group and climbing Sherpa guide.
- Chinese visa for climbing period, both base camp staff, Sirdar and climbing group.
- TMA or CTMA selected English speaking Chinese liaison officer and interpreter
- All camping equipment in Base camp and Advance base camp
- Full Board (B/L/D) Hotel in route in Tibet: Lhasa, Shigatse, Tingri (provided by CTMA).
- Food during expedition period for expedition Members and Staff.
- Tibet Visa and Travel Permit for expedition crew.
- Expedition Permit for climbing Cho Oyu along north west ridge route.
- Permanent kitchen facilities at A.B.C.
- Required necessary staff during Expedition period with highly experienced Guide (B.C Manager) as per group size.
- Surface transportation will be as per itinerary.
- Cargo clearance & Duties Assistance free.
- Equipment allowance, Daily wages for Xtreme Climbers expedition Staff.
- Solar panel for light and batteries charging available for expedition members.
- High quality VE-25 North Face personal tent provided for A.B.C.
- Permanent Kitchen, Dining and Shower facilities at B.C and A.B.C.
- High quality preferable meals at BC, ABC, Hot drinks and beverages during expedition
- Hot drinks and beverage during expedition
- Equipment, medical and accidental Insurances for cook, and base camp staff including their wages.
- Required necessary camping equipment, Camp furniture, Kitchenware, Dining, Guest, Kitchen, Shower, Toilet Tents etc.
- Per person 50.kg baggage allowance during trekking-up and down carrying by Yak.
- At Kerung border Truck will be provided -Chinese base camp and return Kerung for loads.
- Required necessary Yaks to carry loads from Chinese base camp to middle camp to Advance base camp and return.
- First Aid medical kits for the Group and the staffs.
- Satellite phone carrying by Guide for communication and available for members with the cost of US\$ 4 per minute call.
- Appropriate food for high altitude and all climbing crew at base camp and above as required.
- Emergency Oxygen and mask regulator (if client use they have to pay nominal charge)
- Entire necessary paper works, office Service charge and Government Taxes levied in Nepal
- Complete pre-departure information, flight ticket reconfirmation and visa extension procedure services (if necessary)
- Welcome and Farewell Dinner in a typical Nepali restaurant with domestic culture show in Kathmandu.
- Our service Charges

Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of

trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

Why we don't include cost in our website?

NOTE: To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
2. The cost of the trip depends on Number of persons joining in group for High expedition or Mountain Climbing including number of climbers, non-climber, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, kitchen crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.
4. Request numbers of oxygen, mask regulators and the brands the clients require
5. The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.
6. Either you want to operate the trip as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition
7. Type of high camp food that clients require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the one available here.
8. Either any of the climbers intend to attempt any world records? If so, do they require special services or equipment?

Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in [CONTACT US](#) or login to [Xtreme Climbers](#) for any information about your selected package.

Cost Excludes

Full Board Service Excludes

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priorities at pace and schedule determined by clients' physical condition and preferred pace. Ensure total commitment to the client in case of emergency with clients' safety and well being as overriding priority. High camp service for Full Board Service clients will consist of provision of all equipment necessary to fix the route, all camping equipment, fuel and food for high camps as well as oxygen provision, including mask and regulator and latest model of Poisk oxygen, Summit system of Mask regulators in quantities specified in your climbing itinerary as per height of Mountain.

- Nepal custom duty for import of expedition goods.
- Lunch and Dinner during your stay in Kathmandu (except for welcome and farewell dinner)
- Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, nutria-bars during the trekking.
- Extra transportation then display in itinerary program.
- Any additional staff other than specified.
- Rescue, Repatriation, Medicines, Medical Tests and Hospitalization expenses.
- Medical Insurance and emergency rescue evacuation if required.
- Travel Insurance and helicopter rescue.
- Walkie-Talkies & Filming permit (if special camera or walkies-talkies) Film Permit: USD 20,000 (Small Portable movie camera is free)
- Personal climbing gears
- Expenses incurred towards usage of landlines, mobiles, walkies-talkies or satellite phone And Internet expenses
- Clothing, Packing Items or Bags, Personal Medical Kit, Camera/Video Fees or Trekking Gears
- Summit bonus for climbing Sherpa Guides as per Mountaineering Association rules. Minimum US\$ 1000.00 per climbing Sherpa guide.
- Tips and gifts for base camp and high altitude trekking and climbing staff.
- Airfare of international flights.
- Nepal entry and re-entry visa fee (Visa issuance on arrival in Kathmandu)
- Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, changes in Government regulations, etc.
- Any extra services or products or offers or activities which are not mentioned in the itinerary.
- Items of personal nature, Laundry Expenses, Tips.
- Any other item not included in "COST INCLUDES" section.

