



## Ganesh Himal Langtang Pangsang La pass Trek



### Introduction

Ganesh Himal trekking is a non tourist trekking trail in Nepal situated northwest of Kathmandu valley in central Nepal. Ganesh Himal is named after the Hindu deity The elephant headed God. "God of fortune" we pray as spiritual power of god in Nepal. Ganesh, Ganesh II, Ganesh III and Ganesh IV are mountain forming skyline of Ganesh Himal Range. Ganesh Himal trekking route passes through quite Tamang villages, hot spas, gorges and glaciers and reaches Sangjung Kharka and Khola Kharka to view Ganesh Himal V, Ganesh Himal II, Langtang Li Rung (7,225m) and Paldor peak etc. Ganesh Himal trekking offer beautiful Himalayan views of Ganesh Himal region, Langtang region and Annapurna region, beautiful landscape, rich Flora, incredible: the impressive display of berberis, primula, orchids and a variety of Ferns, the valleys set ablaze by yellow blossoms of double Jasmine, the forest dense with Spanish oak, blue pine, and in Spring time blossoming of the rhododendron set whole forest alight in spectacular arrays of color. The trek starts with drive from Kathmandu to Syabrubesi which takes approximately eight hours. Best preferable season for Ganesh Himal trek is February to May and August to December.

### Facts

- Altitude: 3842<
- Duration: 17 days
- Grade: Moderate
- Group: 2 - 15

- Country: Nepal
- Best Season: Sept – Dec, March – May
- Start/Ends: Kathmandu (Capital of Nepal)
- Accommodation: Tea House/Camping
- Meals Includes: Breakfast, Lunch, Dinner

## Itinerary

- **Day 1** : Arrive at Tribhuvan International Airport (KTM) Kathmandu
- **Day 2** : Kathmandu to Syabrubesi (1,503m/4945Ft.) Drive. 7-8 hrs drive Meal includes:Breakfast/Lunch/Dinner
- **Day 3** : Syabrubesi to Gatlang (2,337m/7690ft.) 6 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 4** : Gatlang to Somdang (3,271m/10760Ft). 5-6 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 5** : Somdang to Pangsang La Pass 3,842m/ 12640Ft). 4-5 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 6** : Pangsang Pass to Shertung (1,875m/ 6188Ft). 5-6 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 7** : Chalise to Hindung (2,220m /7425Ft). 5-6 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 8** : Hindung to Rajgang Kharka. 5-6 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 9** : Rajgang Kharka to Kalo Seto Kunda (Black and White Lake) Ganesh Himal Base camp. 6-7 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 10** : Rest day at the Base Camp. Meal includes:Breakfast/Lunch/Dinner
- **Day 11** : Ganesh Himal Base Camp to Rajgang Kharka. 5-6 hrs walk. Meal includes:Breakfast/Lunch/Dinner
- **Day 12** : Rajgang Kharka to Chalise (2,000 m).6-7 hrs walk. Meal includes:Breakfast/Lunch/Dinner
- **Day 13** : Chalise to Jharlang (3,000m/9842ft). 7-8 hrs walk. Meal includes:Breakfast/Lunch/Dinner
- **Day 14** : Jharlang to Darkha (850m/2788ft). 6-7 hrs walk. Meal includes:Breakfast/Lunch/Dinner
- **Day 15** : Darkha to Khahare Bazaar 685 m. 6 hrs walk Meal includes:Breakfast/Lunch/Dinner
- **Day 16** : Drive from Khahare Bazaar to Kathmandu by bus /private vehicle. 7-8 hrs drive. Meal includes:Breakfast/Lunch/Dinner
- **Day 17** : Final Departure

**Note:** The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on [info@xtremeclimbers.com](mailto:info@xtremeclimbers.com) for further details.

## Cost Includes

### Full Board Service Includes

- Airport pick up and drop.
- Hotels accommodation in Kathmandu up to 5\*\*\*\* on BB basis twin sharing per clients request
- An experienced, helpful and friendly Government license holder trekking Guide
- Required trekking porter to carry your backpack during the trekking ( two person will get one trekking porter ( 1 porter carry 30 kg as per rules and regulation of Nepal workers Union
- Highly experienced trekking cook and kitchen boy
- Trekking accommodation in tented / camp VE-25 North face Tents will be provided as per itinerary.
- Full board meal (veg. / non veg.) prepared by our expert cook who will prepare food entire trekking/peak climbing ( Nepalese, Chinese , Indian, American , Tibetan dishes) during the camping trekking
- Required staff such as kitchen boy, dishwasher entire the trip
- Kitchen equipments , trekking equipment and tents (two men tent, kitchen tents, etc),mattress during the tented accommodation as mentioned in itinerary
- Three time meal Lunch, Dinner and Breakfast during the trekking.
- Desert/fruit after having dinner as company provided
- Ganesh Himal trekking permit and Trekkers Information management system ( TIMS Card).
- Dhading Besi to Kathmandu overland transportation by tourist bus as mentioned in itinerary
- Insurance for Nepalese staff. ( Trekking guide, and porters)
- Guide and porter fares and taxes.Government Tax and office service charge.

## Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per

trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

### Why we don't include cost in our website?

**NOTE:** To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
2. The cost of the trip depends on Number of persons joining in group for High expedition or Mountain Climbing including number of climbers, non-climber, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, kitchen crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.
4. Request numbers of oxygen, mask regulators and the brands the clients require
5. The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.
6. Either you want to operate as expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.
7. Type of high camp food that clients want. Specialized food that has to be ordered from foreign countries will be costlier compared to the one available here.
8. Either any of the climbers intend to attempt any world records? If so, do they require special services or equipment?

Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in [CONTACT US](#) or login to [Xtreme Climbers](#) for any information about your selected package.

### Cost Excludes

#### Full Board Service Excludes

- Nepal visa fee (\$40 and two passport photographs are required).
- International Flight.
- Excess baggage charges.
- Accommodations, Meals (Breakfast, Lunch and Dinner) in Kathmandu.
- Extra night accommodation in Kathmandu due to early arrival, late departure, early return from trekking (because of any reason) prior to the plan scheduled itinerary.
- Disembarkation Airport Tax in Nepal - approx. US\$ 24. al equipments
- Personal nature of expenses such as laundry, telephone calls, battery recharge, shopping, laundry, extra porters, beverages etc.

- Personal clothing and gear.
- Travel insurance.
- Tips for guide and porters.
- Additional costs or delays caused by management out of control like landscape, bad weather condition, in case of itinerary modification with a view to safety concerns, illness, change of government policy, political instability raises strike, moment etc.

