



## Annapurna Base Camp Trek



### Introduction

Annapurna is massif of height 8,091m (26,545ft) and base camp at 4,130m above sea level. Annapurna region is famous for hiking, trekking, and expediting. This short trek gives you the glimpse of Nepalese extreme Himalayas, people of different communities with their own cultures, traditions, and values, rare and unique vegetation and wilderness, and unforgettable trail through the snowy landscape. Ghandruk and Chhomrong village, Machapuchare B.C, Annapurna B.C (4,130m.) and Jhinu (Natural hot spring) and the views of Machhapuchhre 6,993m, Annapurna South 7,219m, Himchuli 6,441m, Gandharva Chuli 6,248m, Annapurna III 7,555m, Gangapurna 7,455m. Etc are major attraction of this trek.

8 Days Annapurna Base Camp 4,130m/13550 feet. Starting from Kimche, with short drive of 3 hour's from Pokhara. and one hour trek to Ghandruk village. The trail takes you through forests and fascinating traditional villages of Ghandruk and Chhomrong Gurung village. After reaching Chhomrong Gurung village, Following the Modi Khola and passing through Rhododendron forest and bamboo. Heading towards by the time you reach the large rock overhanging, known as Hinku Cave, you will have noticed that the vegetation has thinned and the gorge narrowed to be only a few hundred meters wide. Steep snow-clad ridges falling from Hiunchuli on the left and Machhapuchhre on the right from the sanctuary. As we enter the sanctuary, you find yourself in a huge Amphitheatre enclosed by a solid wall of snow-capped peaks like Machhapuchhre 6,993m, Annapurna South 7,219m, Himchuli 6,441m, Gandharva Chuli 6,248m, Annapurna III 7,555m, Gangapurna 7,455m. Etc.. After this panoramic views of Giant himalayes we will trek down to Pokhara via Jhinu Hot Spring and than back to Kathmandu.

## Facts

- Altitude: 4,130m<
- Duration: 8 days
- Grade: Moderate
- Group: 2-15
- Country: Nepal
- Best Season: March-May, Sep-Dec
- Start/Ends: Kathmandu
- Accommodation: Full board Camping
- Transportation: Private Car / Van / Hiace as per group size/ Flight
- Meals Includes: Breakfast/Lunch/Dinner

## Highlights

- Highest Point Annapurna Base Camp (4,130m)
- Popular Gurung village Ghandruk and Chhomrong
- Trek Starting Point: Kathmandu or Pokhara
- Option I: If you start ABC Trek from Pokhara, you will drive from your Hotel in Pokhara to Kimche and start the trek.
- Walk between Annapurna Base Camp and Machhapuchhre Base Camp
- Exploring ancient popular Gurung villages, Ghandruk and Chhomrong
- Annapurna Conservation Area Project (ACAP)
- Himalayan range view of Himchuli, Barahi, Shikhar, Glacier Dom, Gangapurna, Machhapuchhre, Annapurna South, Annapurna I, and Annapurna III
- Species of rare floras and faunas like rhododendron, pine, spruce, fir trees, and reptiles, gharials, leopard, langur monkeys, rhesus monkeys, bear, musk deer, and other beasts.
- Bird watching aids you witness different species of local and migratory birds
- Route encompassing various temples and stupas

## Itinerary

- **Day 1 :** Arrive at Tribhuvan International Airport (KTM) Kathmandu: Arrival in Kathmandu [1300 m/4264 ft] Arrive at any time, Xtreme Climbers very much present we'll pick you up from Tribhuvan International Airport and take you to the hotel. Your included activities are refreshments, introduction to your guide, as well as an introduction on The Trek. Meal includes: Breakfast
- **Day 2 :** Kathmandu to Pokhara - Nayapul 6 hrs. Included meals: Breakfast Lunch Dinner
- **Day 3 :** Ghandruk - Chhomrong 2,470m - Sinuwa 2,340m 5-6 hrs. Included meals: Breakfast Lunch Dinner
- **Day 4 :** Sinuwa - Bamboo - Doval - Himalayan - Deurali 3,200m. 5-6 hr. Included meals: Breakfast Lunch Dinner
- **Day 5 :** Deurali - MBC 4,112m. - Annapurna Base Camp 4,130m. 4-5 hrs. Included meals: Breakfast Lunch Dinner
- **Day 6 :** Annapurna Base Camp - MBC- Deurali - Himalayan - Doval -Bamboo 5-6 hrs. Included meals: Breakfast Lunch Dinner
- **Day 7 :** Bamboo - Sinuwa - Chhomrong - Jhinu - Kyumi 1200m. 4--5 hrs. Included meals: Breakfast Lunch Dinner
- **Day 8 :** Kyumi-Siwai-Nayapul-Pokhara 2-3 hrs walk and drive back to Pokhara 3 hrs. Included meals: Breakfast Lunch Dinner
- **Day 9 :** Fly Pokhara to Kathmandu (25 minet) or drive back 7-8hr by tourist bus as per itinerary. Included meals: Breakfast Lunch Dinner
- **Day 10 :** Final Departure, Your adventure in Nepal comes to an end today! There is nothing to do but trade emails with your travel companions and organize your photos. A representative from Xtreme Climbers will take you to the airport, approximately 3 hours before your scheduled flight. On your way home you'll have plenty of time to plan your next adventure in the wonderful country of Nepal. Included meals: Breakfast

**Note:** The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on [info@xtremeclimbers.com](mailto:info@xtremeclimbers.com) for further details.

## Cost Includes

## Full Board Service Includes

- All the ground transportation as per itinerary.
- Hotel in Kathmandu ( 2 nights) and Pokhara ( One night) with breakfast at 3 to 5 stars level as per client's request.
- Meals 3 times a day (B.L.D) during the trekking as per itinerary.
- Twin sharing comfortable and clean private room in trekking.
- Domestic flight ticket from Kathmandu-Pokhara- Kathmandu with airport tax as per itinerary.
- Trip Map.
- An experienced, knowledgeable, helpful, friendly and English-speaking trekking guide and porter to carry your luggage during the trek (2 trekkers:1 porter).
- Food, drinks, accommodation, insurance, salary, equipment, transportation, local tax for Guide and porter.
- Group medical supplies (first aid kit will be available).
- Four season sleeping bag and down jackets to use for trekking, if necessary.
- Achievement Letter( Gift from our company).
- All necessary paper works and Annapurna conservation entry permits.
- Thuraya SAT Phone (Emergency use only)
- Radio Walkie Talkie
- Travel & Rescue arrangement.
- TIMS (Trekking Information Management System).
- All our government taxes, vat, local tax, tourist service charges.
- Welcome/Farewell Dinner

## Cost and payment details

The cost is depending on group size affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

## Why we don't include cost in our website?

**NOTE:** To provide you service in the best cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our cost. Due to the following reasons mentioned below we have not included the cost of each package in the company

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
2. The cost of the trip depends on Number of persons joining in group for High expedition or Mountain Climbing including number of climbers, non-climber, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, kitchen crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.
4. Request numbers of oxygen, mask regulators and the brands the clients require
- 5.



The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.

6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.
7. Type of high camp food that clients require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the one available here.
8. Either any of the climbers intend to attempt any world records? If so, do they require special services or equipment?

Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in \_\_\_\_\_ or login to \_\_\_\_\_ for any information about your selected package.

## Cost Excludes

### Full Board Service Excludes

- Lunch and dinner in Kathmandu
- All kinds of drinks in the mountain (hot, cold and alcoholic).
- Sightseeing in Kathmandu.
- Personal equipment.
- International airfare to and from Kathmandu.
- Travel and rescue insurance.
- Extra personal expenses (phone calls, laundry, batteries, battery recharge, laundry, shower, excess baggage charges)
- Tips for trekking staff and driver (Tipping is expected)
- Any other expenses which are not mentioned on 'Price Includes' section.
- Additional costs or delays caused by management out of control like landscape, bad weather condition, in case of itinerary modification with a view of safety concerns, illness, change of government policy, political instability raises strike, moment etc.

