



## Upper Mustang Tiji Festival



### Introduction

Tiji Festival in Lomonthang, upper Mustang, It is believed that people of Lo Manthang started to celebrate the Tiji festival from 15 century on the time of Lama Lowo Khachen, one of the greatest Buddhist teacher and son of King Amgon Sangpo. a Three-day ritual known as the 'chasing of the demons', held here during the summer. Centered on the Tiji myth, which tells the story of a deity named Dorje Jono. He battles against his demon father to save the Kingdom of Mustang from destruction. Loba villagers converge on the capital to participate in masked dances, offering prayers and celebrating a new season. These three days long annual festival celebrated at Lo Manthang in front of King's palace, which is one of the most well-known and revered festivals in the whole Mustang region. as a religious ceremony, to ward off obstacles and suffering that might befall the region. Later it also came to symbolize the hope and strength of the people of Lo which is divided into seven provinces known as Lo Tso Dhun.

Mustangi people strongly believed that the Tiji festival bring the hope and peace and protect them from evil forces. It base of the myth of a deity Dorje Shunu also called Vajrakila, who took rebirth to subdue all the evil forces and demons that created hell and suffering on earth. Through the power of Tiji festival dances and the variety of forms he takes, The deity defeats the demons and thereby bring peace and prosperity to the kingdom. Thus the festival depicts the victory of good over evil.

During the three-day masked dance Tiji festival in Lo Manthang, upper Mustang, the chosen monk representing Dorje Shunu reveals his various forms and an ancient Thangka painting of Guru Rinpoche Padmasambhava is being displayed

as the beating of drums and chanting fills the air of Lo Manthang.

In the days approaching Tiji, the trails from the surrounding villages to Lo Manthang are packed with local people and mule caravans and some driving on Jeep now a days to participate and celebrated their most awaited annual festival. Thus Mustang Tiji festival trek become a special holiday trip to Nepal Himalayas for trekkers around the world to witness the diverse topography with spellbound festival at its best form, no where else can be seen. Mountain Monarch is regularly organising this special Upper Mustang Tiji festival trek each year and the booking for 2018 trip is already open, seats are limited. Thus hurry up and reserve your place to witness this Tiji festival in Lo Manthang upper Mustang.

## Facts

- Altitude: 4320m<
- Duration: 18 days
- Grade: Moderate
- Group: 2-15
- Country: Nepal
- Best Season: May 31, June 01,02
- Start/Ends: Kathmandu
- Accommodation: Hotel in Kathmandu & Tea house during the trek.
- Transportation: Drive/Flight: Pokhara/ Flight Jomsom.
- Meals Includes: Breakfast/Lunch/Dinner

## Highlights

- Explore the historical palaces, its courtyard, and the alleys of Upper Mustang during the festival.
- Walk in the dry, arid surrounding on the trans-Himalayan Tibetan border.
- live participant in the whole proceeding of the festival.
- Dance and sing the traditional music which has a great influence on Tibetan Buddhism.
- Traverse through many ridges, walk through boulders and cross different boulders to reach Upper Mustang.

## Itinerary

### Option A

- **Day 1 :** Arrive at Tribhuvan International Airport (KTM) Kathmandu: Arrival in Kathmandu [1300 m/4264 ft] Arrive at any time, Xtreme Climbers vehicle will be ready. We'll pick you up from Tribhuvan International Airport and take you to the hotel. Your included activities consist of registration, introduction to your guide, as well as an introduction on The Trek. Meal includes:Breakfast/Dinner
- **Day 2 :** Trip preparation for upper mustang permit and other necessary last hours shopping. Overnight at Hotel. Meal includes:Breakfast/Dinner
- **Day 3 :** Flight or Drive to Pokhara, 25 minutes flight or 5-6 hour drive. Meal includes:Breakfast/Lunch/Dinner
- **Day 4 :** Pokhara to Jomsom fly and trek to Kagbeni (2,858m):20 minutes flight and Walking Distance 2-3 hours Meal includes:Breakfast/Lunch/Dinner
- **Day 5 :** Kagbeni trekking to Chele (3050m): Walking Distance 4-5 hours Meal includes:Breakfast/Lunch/Dinner
- **Day 6 :** Chele trekking Ghiling (3806m): Walking Distance 5-6 hours Meal includes:Breakfast/Lunch/Dinner
- **Day 7 :** Ghiling trekking to Charang (3575m): Walking Distance 4 hours Meal includes:Breakfast/Lunch/Dinner
- **Day 8 :** Charang trekking to Lo- Manthang (3700m): Walking Distance 5-6 hours Meal includes:Breakfast/Lunch/Dinner
- **Day 9 :** The Tiji Festival begins 1 day of Tiji May 31 Meal includes:Breakfast/Lunch/Dinner
- **Day 10 :** Second Day of Tiji Festival June 01 Meal includes:Breakfast/Lunch/Dinner
- **Day 11 :** Third day of Tiji and end of Festival: June 02 Meal includes:Breakfast/Lunch/Dinner
- **Day 12 :** Lo-Manthang trekking to Ghami via Lo-Geker (3520m): Walking Distance 5-6 hours Meal includes:Breakfast/Lunch/Dinner
- **Day 13 :** Ghami trekking to Samar (3520m): Walking Distance 5 hours Meal includes:Breakfast/Lunch/Dinner
- **Day 14 :** Samar to Kagbeni (2,858m): Walking Distance 6 hours Meal includes:Breakfast/Lunch/Dinner
- **Day 15 :** Kagbeni to Jomsom (2700): Walking Distance 3 hours Meal includes:Breakfast/Lunch/Dinner
- **Day 16 :** Fly back to Pokhara, 20 minutes flight Meal includes:Breakfast/Lunch/Dinner
- **Day 17 :** Pokhara to Kathmandu, 6-7 hour drive or 25 minutes flight and transfer to Hotel. Meal includes:Breakfast/Dinner





- **Day 18 :** Final Departure, Your adventure in Nepal comes to an end today! There is nothing to do but trade emails with your travel companions and organize your photos. A representative from Xtreme Climbers will take you to the airport, approximately 3 hours before your scheduled flight. On your way home you'll have plenty of time to plan your next adventure in the wonderful country of Nepal. Included meals:Breakfast

## Option B

- **Day 1 :** Arrive at Tribhuvan International Airport (KTM) Kathmandu: Arrival in Kathmandu [1300 m/4264 ft] Arrive at any time, Xtreme Climbers vehicle and represent we'll pick you up from Tribhuvan International Airport and take you to the hotel. Your included activities consist of refreshments, introduction to your guide, as well as an introduction on The Trek. Meal includes:Breakfast
- **Day 2 :** Trip preparation for upper mustang permit and other necessary last hours shopping. Overnight at Hotel. Meal includes:Breakfast/Dinner
- **Day 3 :** Fly from Kathmandu to Pokhara explore around pokhara easy day. Meal includes:Breakfast
- **Day 4 :** Fly from Pokhara to Jomsom 2720m and trek to Kagbeni 2800m/3-4 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 5 :** Trek from Kagbeni to Chhuksang 3100m/5-6 hours. Overnight at Lodge. Meal includes:Breakfast/Lunch/Dinner
- **Day 6 :** Trek from Chhuksang to Ghiling 3570m/7-8 hours via Chuksi Cave. Overnight at Lodge. Meal includes:Breakfast/Lunch/Dinner
- **Day 7 :** Trek from Ghiling to Drakmar 3450m/5-6 hours. Overnight at Lodge. Meal includes:Breakfast/Lunch/Dinner
- **Day 8 :** Trek from Drakmar to Lo-Manthang 3840m/6-7 hours via Ghar Gumpa and Marang-La Pass. Meal includes:Breakfast/Lunch/Dinner
- **Day 9 :** First day observe Tenji Festival Lo-Manthang 3840m. Overnight at Lodge. Meal includes:Breakfast/Lunch/Dinner
- **Day 10 :** Second day observe Tenji Festival Lo-Manthang 3840m. Overnight at Lodge. Meal includes:Breakfast/Lunch/Dinner
- **Day 11 :** Final observe Tenji Festival Lo-Manthang 3840m. Overnight at Lodge. Meal includes:Breakfast/Lunch/Dinner
- **Day 12 :** Trek Lo Manthang (3750m) to Yara (3580m). 5-6 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 13 :** Rest Day at Yara visit Luri Gumpa. Overnight at Lodge. Meal includes:Breakfast/Lunch/Dinner
- **Day 14 :** Trek Yara to Tange (3320). 5-6 hours. Overnight at Lodge. Meal includes:Breakfast/Lunch/Dinner
- **Day 15 :** Trek Tange (3320) to Chhusang (3310m). 8 - 10 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 16 :** Trek from Chhusang to Jomsom 2710 m / 6-7 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 17 :** Trek Muktinath to Jomsom 2720m. Overnight at Lodge. Meal includes:Breakfast/Lunch/Dinner
- **Day 18 :** Fly from Jomsom-Pokhara and transfer to Hotel. Meal includes:Breakfast/Dinner
- **Day 19 :** Final Departure, Your adventure in Nepal comes to an end today! There is nothing to do but trade emails with your travel companions and organize your photos. A representative from Xtreme Climbers will take you to the airport, approximately 3 hours before your scheduled flight. On your way home you'll have plenty of time to plan your next adventure in the wonderful country of Nepal. Included meals:Breakfast

## Option C: Via 4WD Adventure Jeep Drive Trip

- **Day 1 :** Arrive at Tribhuvan International Airport (KTM) Kathmandu: Arrival in Kathmandu [1300 m/4264 ft] Arrive at any time, Xtreme Climbers vehicle and represent we'll pick you up from Tribhuvan International Airport and take you to the hotel. Your included activities consist of refreshments, introduction to your guide, as well as an introduction on The Trek. Meal includes:Breakfast
- **Day 2 :** Full day Sightseeing tour around Kathmandu valley 1340m. Overnight at Hotel. Meal includes:Breakfast/Dinner
- **Day 3 :** Fly from Kathmandu to Pokhara 820 m/ 30 min flight. Meal includes:Breakfast/Lunch/Dinner
- **Day 4 :** Fly from Pokhara to Jomsom 2720m and then drive to Muktinath and drive back to Kagbeni 2800m/5 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 5 :** Drive Kagbeni to Ghami 3520m / 4 hours. Overnight at Lodge. Meal includes:Breakfast/Lunch/Dinner
- **Day 6 :** Drive Ghami to Lo-Manthang 3840m/4 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 7 :** First day observe Tenji Festival Lo-Manthang 3840m. Overnight at Lodge Meal includes:Breakfast/Lunch/Dinner
- **Day 8 :** Second day observe Tenji Festival Lo-Manthang 3840m. Overnight at Lodge. Meal includes:Breakfast/Lunch/Dinner
- **Day 9 :** Final observe Tenji Festival Lo-Manthang 3840m. Overnight at Lodge. Meal includes:Breakfast/Lunch/Dinner

- **Day 10 :** Drive Lo Manthang to Chhuksang (3310m). 5-6 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 11 :** Drive Chhuksang to Jomsom (3310m). 5-6 hours. Meal includes:Breakfast/Lunch/Dinner
- **Day 12 :** Fly from Jomsom to Pokhara 820m and rest time at Pokhara. Overnight at hotel. Meal includes:Breakfast/Lunch/Dinner
- **Day 13 :** Drive back Pokhara to Kathmandu 1340m/ 7 hrs. Overnight at Hotel. Meal includes:Breakfast/Lunch/Dinner
- **Day 14 :** Final Departure, Your adventure in Nepal comes to an end today! There is nothing to do but trade emails with your travel companions and organize your photos. A representative from Xtreme Climbers will take you to the airport, approximately 3 hours before your scheduled flight. On your way home you'll have plenty of time to plan your next adventure in the wonderful country of Nepal. Included meals:Breakfast

**Note:** The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on [info@xtremeclimbers.com](mailto:info@xtremeclimbers.com) for further details.

## Cost Includes

### Full Board Service Includes Option A & B

- Airport pick up and Drop by private car/van/bus as per group size.
- 3 nights accommodation in Kathmandu with bed and breakfast basis.
- Required necessary paperwork for the trek
- 3 times meals (Breakfast, Lunch and Dinner) during Tea House and Camping trekking.
- Kathmandu-Pokhara -Jomsom - Pokhara-Kathmandu flight.
- Annapurna conservation fee and Special Trekking Permit US\$ 500 per person for 10 days (the above price includes 10 days valid trekking permit from Kagbeni to Kagbeni. If you would wish to stay more than 10 days in restricted area, you are subjected to extra charges for extra days (US\$ 50 per day / per person).
- Required necessary Land Transportation for Xtreme Climbers nepal supporting crew.
- All accommodations in lodges/tea houses or provided tents during the trek as mentioned in the trek type.
- An experienced Government licensed guide and porters (1 porter for 2 people).
- Salary, Food, Drinks, Accommodation, Transportation and Insurance for the Guide and Porter.
- Medical supplies (first aid kit will be available).
- All government taxes.

### Full Board Service Includes

- Airport pick up and Drop by private car/van/bus as per group size.
- 3 nights accommodation in Kathmandu with bed and breakfast basis.
- Required necessary paperwork for the trek
- 2 nights accommodation in Pokhara on twin sharing basis on BB plan.
- Kathmandu city tour by professional english speaking cultural tour guide.
- Kathmandu – Pokhara – Kathmandu domestic flight.
- Pokhara – Jomsom – Pokhara Flight.
- 4WD Jeep Jomsom to Lo-Manthang and drive back to Jomsom by Toyota Landcruiser.
- 3 meals a day during the trekking (Breakfast, Lunch & Dinner) as per program mentioned in itinerary.
- Twin sharing Accommodation while trekking in guest houses.
- Annapurna conservation fee and Special Trekking Permit US\$ 500 per person for 10 days (the above price includes 10 days valid trekking permit from Kagbeni to Kagbeni. If you would wish to stay more than 10 days in restricted area, you are subjected to extra charges for extra days (US\$ 50 per day / per person).
- Professional government licence holder English speaking trekking guide.
- Salary, food, drinks, accommodation, transportation and insurance for official crew.
- Sleeping bag and duffel bag during the trek. (Refundable after finish the trip)
- Medical supplies (first aid kit will be available).
- All government and local taxes.

## Cost and payment details

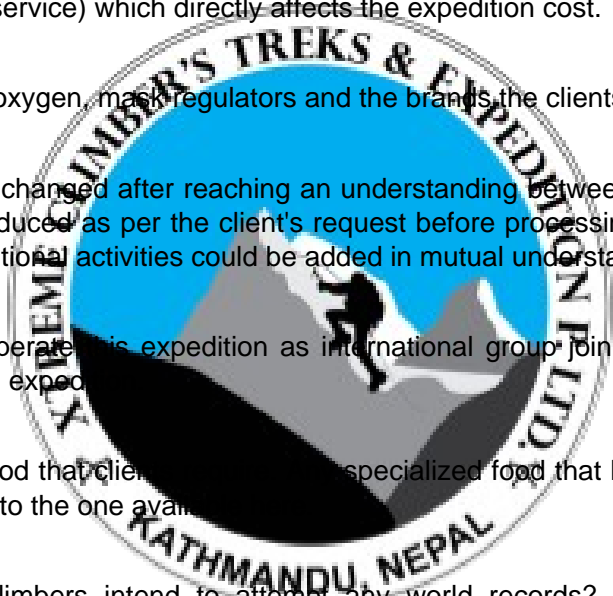
The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as your

requirements.

## Why we don't include cost in our website?

**NOTE:** To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
2. The cost of the trip depends on Number of persons joining in group for High expedition or Mountain Climbing including number of climbers, non-climber, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, kitchen crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.
4. Request numbers of oxygen, mask regulators and the brands the clients require
5. The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.
6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition
7. Type of high camp food that client want. Specialized food that has to be ordered from foreign countries will be costlier compared to the one available locally.
8. Either any of the climbers intend to attempt any world records? If so, do they require special services or equipment?



Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in [Whatsapp](#) or login to [Facebook](#) for any information about your selected package.

## Cost Excludes

### Full Board Service Excludes Option A & B

- International air fare.
- Personal clothing & equipment's required for the trek
- Lunch and dinner in Kathmandu & Pokhara.
- Nepal entry visa fee \$40. ( during 60 days from the date of issue.)
- Travel insurance and helicopter charter in any cases but if you want us to arrange
- Items of personal nature. ( Personal Expenses)
- Any kinds of alcoholic drinks, cold drinks, phone calls, internet, laundry etc.
- Tips for your crews ( Guide, porter and driver)
- Any other services which does not mention on include section