



Everest 8,848m (South)



Introduction

Mt. Everest South Col Expedition, truly a historical and mesmerizing adventure of a lifetime experience following the footsteps of late legendary Tenzing Norgay Sherpa and Edmund Hillary all the way to the summit using the same classic south col route. Mt. Everest world highest peak at 8,848 m and 29, 028 ft high, with few local names Nepalese calls Sagarmatha and Sherpa and Tibetans name as Chomolungma, in both languages means a great mother. Since the conquest of Mt. Everest in May 29th 1953 by British Expeditions led by late Sir John Hunt, followed by hundreds of climbers taking more challenging feats like climbing without oxygen defying the death zone of thin air, and some Sherpa climbers have repeatedly climbed with record breaking 20 times by Apa Sherpa from Thame village, well the first 5 times summiteers was Sundare Sherpa of Pangboche village, followed by Ang Rita Sherpa of Thamo village 10 times (honored with a title as Snow Leopard).

The new record and daring challenge continues till present, whatever your dreams are certainly a great daring climb to the top of Mt. Everest.

Xtreme Climbers founder members of the company has summited Mt. Everest 15 times including many other 8000m (Please do check the Certificates), and he will be your team leader and leading guide reaching you to the top of Mt. Everest and bring you back safe and sound, after an enjoyable thrill full of exciting moment on Mt. Everest South Col Expeditions.

Everest South Col Expeditions climb will be undertaken with much preparation checking foods-climbing gear and health

of the climbers and with excellent logistic support required for a successful triumph to the summit of Mt. Everest.

Facts

- Altitude: 8848m<
- Duration: 41 days
- Grade: Full fledged Mountaineering adventure
- Group: 2-15
- Country: Nepal
- Best Season: April- June / October – November
- Start/Ends: Kathmandu
- Accommodation: Hotel/Tented camp/ Guest House
- Transportation: Tourist Bus / Private vehicle as per group size
- Meals Includes: Full Board in trekking /Bed & breakfast in Kathmandu

Highlights

- Adventure and climb on top of world's highest Mt. Everest a daring feat.
- Explore traditional and typical Himalayan life of Sherpa people the highlanders of Everest.
- An awesome challenge and adventure within thin air and high altitude routes of ice and snow.
- A complete adventure of a lifetime experience on number peak with superb panorama.
- Alpine green forest to windswept rugged mountains to remorseless fields of ice and glaciers.
- Trekking within scenic Sagarmatha National Park around world high heritage sites

Itinerary

- **Day 1** : Arrive at Tribhuvan International Airport (KTM) Kathmandu. Meal includes:Breakfast
- **Day 2 - 3** : In Kathmandu preparations for Mt. Everest expeditions and optional tour. Included meals:Breakfast Dinner
- **Day 4** : Fly to Lukla 2,830 m & trek to Phakding 2,640 m. Included meals:Breakfast Lunch Dinner
- **Day 5** : Trek to Namche Bazaar 3,440 m. Included meals:Breakfast Lunch Dinner
- **Day 6** : Rest day at Namche Bazaar for acclimatization and excursion. Included meals:Breakfast Lunch Dinner
- **Day 7** : Trek to Tengboche 3,867 m. Included meals:Breakfast Lunch Dinner
- **Day 8** : Trek to Dingboche 4,260 m. Included meals:Breakfast Lunch Dinner
- **Day 9** : Trek to Lobuche 4,930 m. Included meals:Breakfast Lunch Dinner
- **Day 10** : Trek to Gorak Shep 5,260 m. Climb to Kalapatthar walk to Everest Base Camp 5,364 m. Included meals:Breakfast Lunch Dinner
- **Day 11** : At base camp acclimatization and rest days. Included meals:Breakfast Lunch Dinner
- **Day 12 - 31** : (20 days) Ascent of Mount Everest and withdrawal to Base Camp. Included meals: Hot meals at C2 and High Food high above.
- **Day 31** : All team-members to re-group at Base Camp. Included meals:Breakfast Lunch Dinner
- **Day 32** : Cleaning up the base camp and packing for return journey. Included meals:Breakfast Lunch Dinner
- **Day 33** : Trek to Pheriche 4,240m – 05 hrs. Included meals:Breakfast Lunch Dinner
- **Day 34** : Trek to Phortse – 06 hrs. Included meals:Breakfast Lunch Dinner
- **Day 35** : Trek to Monjo – 05 hrs. Included meals:Breakfast Lunch Dinner
- **Day 36** : Trek to Lukla – 06 hrs. Included meals:Breakfast Lunch Dinner
- **Day 37** : Fly back to Kathmandu and transfer to respective hotels. Included meals:Breakfast Dinner
- **Day 39 - 40** : In Kathmandu with to hand in reports to concern Government department. Included meals:Breakfast
- **Day 40** : Final Departure

Note: The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on info@xtremeclimbers.com for further details.

Cost Includes

Full Board Service Includes

Xtreme Climbers Everest (South) Expedition includes entire necessary required of personal high quality tents for clients, Kitchen, Dining including toilet facility Tents including Hot meals at camp II with best possible facility at camp II (6,400m).

We provide you each member 1 personal highly and technically experienced Climbing Sherpa Guide (Everest Summitter) who will set up camp 3 and camp 4 including High food provisions, fuel and oxygen and he will help and assist you to reach the summit on the highest point of the earth. For safety and communication of our valuable members Xtreme Climbers will provide the Climbing Sherpa with appropriate long range radio communication to Camp 2, 3, and 4 and the climbing route as well at B.C so we get each second movements during climbing.

- Required necessary arrival and departure transfer services to and from both Domestic and International flight as per itinerary.
- Assistance at the International airport by Satori adventures while arriving and departing in Kathmandu.
- 4 Nights 5****Hotels accommodation in Kathmandu on B/B basis.
- Experienced and government licensed high altitude trekking guide during the trekking and climbing period.
- Schedule Flight Tickets for Kathmandu-Lukla-Kathmandu sector to all climbing member, Sherpa guide, liaison officer and kitchen staff.
- All trekking and mountaineering equipment like; kitchen tent, stores tent, dining tents, toilet tents, tables, chairs, and cooking utensils for advance Base Camp and camp two.
- Common climbing equipment (necessary fixed and main rope, ice bars, ice screws, snow bar etc)
- Services of cook and kitchen boy at Base Camp and cook at Camp 2
- 3 meals a day (Breakfasts, Lunch and Dinners with tea/ coffee) in available tea house/hotel/lodge during the trekking
- 3 fresh meals a day (Breakfasts, Lunch and Dinners) will be serve at base camp, and camp two.
- All food and fuel for Base Camp and higher camps during expedition for both members and crews.
- Per person 60.kg baggage allowance during trekking-up carrying by porter or Yak to climbing the Mt. Everest.
- Daily Weather Report Services
- Trekking Permit (Everest National Park entry fee)
- TIMS card (Trekking Information Management System)
- Expedition Royalty and climbing permit of Nepal Government to climb Mt. Everest (8,848m).
- Nepalese Government Royalty and fees.
- Trekking and Climbing map of the Mount Everest.
- One highly experienced, Trained, Government Licensed, many times Everest Summiters Climbing/Expedition Guide (Sherpa) per client.
- All wages, equipment, medical and accidental Insurances for all involved staffs in trekking and expedition.
- Medical consultation services at the base camp with the HRA clinic at the base camp.
- Equipment allowances and wages for Climbing Sherpa's, cooks, kitchen boys.
- Equipment allowances and wages for Government Liaison Officer.
- First Aid medical kits for the Guide and staffs.
- Satellite phone carrying by Guide for communication and available for members with the cost of US\$ 4 per minute call.
- Appropriate food for high altitude and crew at base camp and above as required.
- Required fixed and dynamic rope during the expedition.
- Heater will be provided at base camp for heating the sleeping room.
- Emergency Oxygen, mask and regulator provided on requirement of guest with appropriate charge
- Each expedition member will have an individual tent available in the ABC.
- Solar panel for light and battery charger.
- Required necessary high quality VE-25 North Face tents for camp 1, 2, 3 and 4 for members and Sherpa's.
- Ice fall charges by Sagarmatha Pollution Control Committee.
- 5 Bottles (Summit Oxygen) will be provided each members including the latest model of Summit or Top out system mask and regulators.
- Climbing Sherpa's tents, High food during climbing and their insurance.
- High altitude climbing Sherpa guide, cook and staff Helicopter rescue insurance.
- Free assistance service for Cargo clearance and Duties.
- Hot and Freshly cooked food and kitchen will be provided at camp II.
- EPI Cooking gas, stove will be provided in camp one, three and south col for cooking food, boiling water.
- Generator will be providing for back- up of lighting power and charging electronic tools.
- Transportation of food supply to Base Camp from Kathmandu (Cargo to Lukla and then by porter/Yaks to base camp and back to Lukla)
- Visa extension procedure services (if necessary)
- Complete pre-departure information
- Flight ticket reconfirmation
- Our service charge and Government Taxes levied in Nepal.
- Everest Summit Certificate after summiting successfully.
- Farewell Dinner in a typical Nepali restaurant with domestic culture show in Kathmandu.

Base Camp Service Includes

We Xtreme Climbers provides very professional, helpful and friendly service from Kathmandu to the ABC as well as during the climb. Our objective is to provide a good quality, helpful, safe, friendly, stress free and comprehensive service to maximize summit opportunity. In the Base camp our cooks and helpers will prepare and serve three delicious freshly cooked and plentiful meals a day and will ensure that hot and cold drinks are available 24 hrs a day. In the Base Camp we provide spacious expedition quality personal tents for all our clients both with full board or base-camp service only. In base camp we also provide dining tent, kitchen tent, toilet facilities and portable shower facilities and tent accommodation for our staff. In base camp we provide access to communication including satellite telephone and internet access, solar panels to charge your batteries and UHF/VHF handheld radios on the mountain to maintain communications between ABC and high camps. Our camp manager as well as guides and climbing Sherpa's have an extensive experience on multiple Everest climbs. They will ensure cooperation with other companies and Base Camp organization. In base camp our guides will work with other teams to ensure contribution from all operators for tasks such as route fixing and to ensure the safety of climbers from ABC to the summit.

- Arrival and departure transfer services to and from both Domestic and International flight as per itinerary.
- 4 Nights 5*****Hotels accommodation in Kathmandu on B/B basis.
- Experienced and government licensed high altitude trekking guide during the trekking and climbing period.
- Schedule Flight Tickets for Kathmandu-Lukla-Kathmandu sector to all climbing member, Sherpa guide, liaison officer and kitchen staff.
- All trekking and mountaineering equipment like, kitchen tent, stores tent, dining tents, toilet tents, tables, chairs, and Required necessary Cooking utensils Cook and kitchen boy at Base Camp
- 3 meals a day (Breakfasts, Lunch and Dinners with tea/coffee) in available tea house/hotel/lodge during the trekking
- 3 fresh meals a day (Breakfasts, Lunch and Dinners) will be serve at base camp, and camp two.
- All food and fuel for Base Camp during expedition for both members and crews
- Per person 60.kg baggage allowance during trekking-up carrying by porter or Yak to climbing the Mt. Everest.
- Trekking Permit (Everest National Park entry fee)
- TIMS card (Trekking Information Management System).
- Expedition Royalty and climbing permit of Nepal Government to climb Mt. Everest (8,848m).
- Nepalese Government Royalty and fees.
- Trekking and Climbing map of the Mount Everest.
- All wages, equipment, medical and accidental Insurances for all involved staffs in trekking and expedition.
- Equipment allowances and wages for Sherpa Guide, cooks, kitchen boys.
- Equipment allowances and wages for Government Liaison Officer.
- First Aid medical kits for the Group.
- Satellite phone carrying by Guide for emergency and available for members with the cost of US\$ 4 per minute call.
- Heater will be provided at base camp for heating and drying gear.
- Each expedition member will have an individual VE-25 North Face tent available in the ABC.
- Solar panel for light and battery charger.
- Ice fall charges by Sagarmatha Pollution Control Committee.
- High altitude climbing Sherpa guide, cook and staff Helicopter rescue insurance.
- Free assistance service for Cargo clearance and Duties.
- Generator will be providing for back- up of lighting power and charging electronic tools.
- Transportation of food supply to Base Camp from Kathmandu (Cargo to Lukla and then by porter/Yaks to base camp and back to Lukla)
- Visa extension procedure services (if necessary)
- Complete pre-departure information
- Flight ticket reconfirmation
- Our service charge and Government Taxes levied in Nepal.
- Everest Summit Certificate after summiting successfully.
- Farewell Dinner in a typical Nepali restaurant with domestic culture show in Kathmandu.

Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

Why we don't include cost in our website?

NOTE: To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
2. The cost of the trip depends on Number of persons joining in group for High expedition or Mountain Climbing including number of climbers, non-climber, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, kitchen crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.
4. Request numbers of oxygen, mask regulators and the brands the clients require
5. The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.
6. Either you want to operate this expedition as a national group joining basics of Xtreme Climbers or individual (private arrangement) expedition.
7. Type of high camp food that clients require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the one available here.
8. Either any of the climbers intend to attempt any world records? If so, do they require special services or equipment?

Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in [CONTACT US](#) or login to [Xtreme Climbers Trekking](#) for any information about your selected package.

Cost Excludes

Full Board Service Excludes

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reach the summit on the highest point of the earth. For safety and communication of our valuable members Xtreme Climbers will provide the Climbing Sherpa with appropriate long range radio communication to Camp 2, 3, and 4 and the climbing route as well at B.C so we get each second movements during climbing.

- Airfare of international flights
- Nepal entry visa fee (Visa issuance on arrival in Kathmandu)
- Lunch and Dinner during your stay in Kathmandu (except for the Welcome and Farewell dinner)
- Items of personal nature, Laundry Expenses, Tips.
- Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, nutria-bars during the trekking.
- Extra transportation then display in itinerary program.
- Any additional staff other than specified.
- Any extra expenses arising out of various/unforeseen situations like natural calamities, landslides, political disturbances, strikes, changes in Government regulations, etc.
- Rescue, Repatriation, Medicines, Medical Tests and Hospitalization expenses.
- Medical Insurance and emergency rescue evacuation if required.
- Travel Insurance and helicopter rescue.
- Personal climbing gears.
- Walkie-talkies & Filming permit (if special camera or walkies-talkies).
- Expenses incurred towards usage of landlines, mobiles, walkies-talkies or satellite phone And Internet expenses
- Clothing, Packing Items or Bags, Personal Medical Kit, Camera/Video Fees or Trekking Gears
- Nepal custom duty for import of expedition goods.
- Summit bonus for climbing Sherpa Guides as per Mountaineering Association rules. Minimum US\$ 1500.00 per climbing Sherpa guide.
- Tips and gifts for base camp and high-altitude trekking and climbing staff.
- Any extra services or products or offers or activities which are not mentioned in the itinerary or any other item not included in "Cost Included" section.

