



Yala Peak 5,732m



Introduction

Yala Peak, beautiful and serene in the heart of the Langtang region of Nepal, is considered one of the easier Himalayan treks. The Langtang region lies close to Nepal's border with Tibet. Shishapangma (8,046 m) Langtang Lirung (7,246 m), Gang Chempo (6,388 m) and Dorje Lakpa. In fact, one of the border mountain ridge of Yala Peak, connected with Tibet. Yala peak climbing is non-technical, comfortable adventure and suited for everyone who has good physical fitness and trekking experiences. From the summit, we get exceptionally good views of the Himalayas including Langtang Lirung (7,246m), Dorje Lakpa (6,990m), Gangchempo (6,388m) and Shishapangma (8,027m).

Yala Peak 5,732m considered a trekking peak by the Nepal Mountaineering Association, and is a relatively simple, non-technical climb. Yala Peak with Gosaikunda and Helambu Trek begins from Kathmandu by drive to Syabrubesi. We trek through small villages, forests, Kenjin Gompa before reaching the base camp of Yala Peak. During our Yala Peak Climbing program with Helambu and Gosaikunda (one of three lakes in the immediate surroundings. It is also an important place of pilgrimage for Hindus religious followers as well Buddhist religious.). Additionally, we trek in the beautiful Helambu region with its amazing landscape complete with Apple trees and colorful monasteries. After leaving Gosaikunda, we cross the Laurebina Pass and trek for one more day before driving back to Kathmandu.

Facts

- Altitude: 5732m<

- Duration: 15 days
- Grade: Moderate to Strenuous
- Group: 2-15
- Country: Nepal
- Best Season: spring (April, May) and autumn (October, November)
- Start/Ends: Kathmandu (Capital of Nepal)
- Accommodation: Hotel in Kathmandu on BB plan / Mountain lodge (tea house) in Trekking.
- Transportation: Domestic airplane and tourist vehicles
- Meals Includes: Breakfast and welcome or farewell dinner in Kathmandu / Full board in Trekking (Breakfast, Lunch & Dinner).

Itinerary

- **Day 1** : Arrive at Tribhuvan International Airport (KTM) Kathmandu: Arrival in Kathmandu [1300 m/4264 ft]
- **Day 2** : Kathmandu: sightseeing and preparation. Included meals: Breakfast Dinner
- **Day 3** : Kathmandu to Pokhara (823m/2,700ft): 6/7 hours driving. Included meals: Breakfast Lunch Breakfast
- **Day 4** : Drive to Naya Pul and trek to Ghandruk (1940m/6360 ft): 5-6 hours trek. Included meals: Breakfast Lunch Dinner
- **Day 5** : Ghandruk to Chhomrong (2170m/7120 ft): 6 hours. Included meals: Breakfast Lunch Dinner
- **Day 6** : Chhomrong to Doovan (2,600m/8,530ft): 5-6 hours. Included meals: Breakfast Lunch Dinner
- **Day 7** : Dobhan to Deurali (3,230m/10,597 ft): 2 hours. Included meals: Breakfast Lunch Dinner
- **Day 8** : Deurali to Machhapuchhre Base Camp (3700m/12135ft): 3-4 hours. Included meals: Breakfast Lunch Dinner
- **Day 9** : Acclimatization and preparation. Included meals: Breakfast Lunch Dinner
- **Day 10** : Machhapuchhre Base Camp to Cave Camp (4,250m/13,943ft): 5-6 hours. Included meals: Breakfast Lunch Dinner
- **Day 11** : Cave Camp to High Camp (5,200m/17,056 ft): 4-5 hours. Included meals: Breakfast Lunch Dinner
- **Day 12** : Summit Tent Peak (Tharpu Chuli), return to high camp: 9-10 hours. Included meals: Breakfast Lunch Dinner
- **Day 13** : Tent Peak High Camp to Machhapuchhre Base Camp: 4-5 hours. Included meals: Breakfast Lunch Dinner
- **Day 14** : Machhapuchhre Base Camp to Bamboo (2310m/7575 ft): 6-7 hour. Included meals: Breakfast Lunch Dinner
- **Day 15** : Bamboo to Jhinu Danda (1760m/5770 ft): 6-7 hours trek. Included meals: Breakfast Lunch Dinner
- **Day 16** : Jhinu Danda to Nayapul, drive to Pokhara: 6 hours trek, 1 hour drive. Included meals: Breakfast Lunch Dinner
- **Day 17** : Drive from Pokhara to Kathmandu: 6 hours. Included meals: Breakfast Lunch Dinner Note: Flying from Pokhara to Kathmandu 30-55 minutes should be another great option if you don't prefer such long drive.
- **Day 18** : Final Departure

Note: The above itinerary can be tailored to the client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on info@xtremeclimbers.com for further details.

Cost Includes

Full Board Service Includes

- Airport pickups and drops in a private vehicle
- 3-star hotel accommodation in Kathmandu with breakfast
- Teahouse accommodation during the trek
- High quality Tent VE-25 North Face tented accommodation during the climb
- All meals (breakfast, lunch and dinner) during the trek and climb
- All ground transportation on a comfortable private vehicle as per the itinerary
- Highly experienced English speaking, trekking guide(leader), climbing guide (leader Everest Summitter) and assistant guides.
- Thuraya SAT Phone (For emergency use only)
- Porter service (2 trekkers: 1 porter)
- Staff costs including their salary, insurance, equipment, domestic airfare, food and accommodation
- All necessary paperwork; trekking/Climbing/National Parks permits.
- Required necessary High quality tents and kitchen utensils for camping
- Medical kit (carried by your guide)
- All government and local taxes

- Welcome and farewell dinners

Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

Why we don't include cost in our website?

NOTE: To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climbs Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
2. The cost of the trip depends on Number of persons joining in group for High expedition or Mountain Climbing including number of climbers, non-climber, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, kitchen crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
3. We operate the High Expeditions, Peak Climbing in full arrangement package and basic arrangement service (full board or base camp service) which directly affects the expedition cost.
4. Request numbers of oxygen tank regulators and the brands the clients require
5. The itinerary may be changed as per the understanding between the agency and the client. Other activities could be added or reduced as per the request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.
6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.
7. Type of high camp food that clients require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the one available here.
8. Either any of the climbers intend to attempt any world records? If so, do they require special services or equipment?

Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in [CONTACT US](#) or login to [MY ACCOUNT](#) for any information about your selected package.

Cost Excludes

Full Board Service Excludes

- Nepalese visa fee
- International airfare
- Excess baggage charges (if you have more than 15 kg of luggage, a cargo charge is around \$1.5 per kg)

- Extra night accommodation in Kathmandu because of early arrival, late departure, early return from mountain (due to any reason) than the scheduled itinerary
- Altitude chamber (PAC) or oxygen
- Lunch and evening meals in Kathmandu (and also in the case of early return from the mountain than the scheduled itinerary)
- Personal climbing equipment
- Personal climbing guide if requested
- Optional trips and sightseeing if extended
- Travel and rescue insurance
- Personal expenses (phone calls, internet, laundry, bar bills, battery recharge, extra porters, bottle or boiled water, shower, etc.)
- Tips for guides and porters

