



## Makalu B.C Trek



### Introduction

Makalu B.C is one of the most popular trekking destinations among solitary trekkers, Makalu Base Camp offers an exceptional opportunity to explore high-altitude terrains, snow-clad landscapes and ethnic Himalayan lifestyle. Our journey begins with an hour-long flight to Tumlingtar whereas the real trek starts from Chichila. The lower reaches of the trail are renowned for their lushness with verdant rhododendron forests whereas the upper reaches of the trail comprise of polished granite cliffs capped by hanging glaciers, overflowing with waterfalls. The 20-day Makalu Base Camp Trek is an ideal choice for avid trekkers and nature enthusiasts who seek solace and tranquility in pristine natural habitat and those who wish to avoid crowds.

This trek takes you to Makalu Base Camp (5250 m), now designated as Makalu Barun National Park and Conservation Area. Mt. Makalu (8463 m) is the fifth highest peak in the world. The Makalu Base camp trek is a true adventure with scenery so beautiful that it will never tire you. The trek starts with a flight to Tumlingtar and heads up the Aurn River valley to Seduwa and Num, then crossing Shipton La Pass (4210m) into the upper Barun river valley for a close look at Makalu and Chamlang Himal. This trek visits one of the most remote and unfrequented areas of Nepal. The Barun valley is a part of a huge international protected area under the agreement between the governments of Nepal and China, which comprises of 2330 sq. km of National Park and 830 sq. km of conservation area in Nepal alone and is home to some of the rarest flora and fauna in Nepal, including the Red Panda.

## Facts

- Altitude: 5250<
- Duration: 20 days
- Grade: Medium/ Hard
- Group: 2 - 15
- Country: Nepal
- Best Season: Sep/Oct/Nov/Dec/Mar/April/May
- Start/Ends: Kathmandu (Capital of Nepal)
- Transportation: Domestic Flight, Ground Transportation by Private car or van as per group size

## Highlights

- See Everest from a unique angle, it's eastern Kangshung face
- Gain views of eastern Nepal, as far away as Kangchenjunga
- Pass from green terraced farmland to glaciers and waterfalls
- Witness the rural life of Nepal's distinct Rai and Sherpa culture
- Spot some of the rarest wildlife in Nepal, including the Red Panda

## Itinerary

- **Day 1 :** Arrive at Tribhuvan International Airport (KTM) Kathmandu
- **Day 2 :** Kathmandu sightseeing and preparing for trek. Meal includes: Breakfast.
- **Day 3 :** Fly to Tumlingtar and drive to Chichila 1,840m. Meal includes: Breakfast/Lunch/Dinner.
- **Day 4 :** Trek to Num 1,500m. Meal includes: Breakfast/Lunch/Dinner.
- **Day 5 :** Trek to Seeduwa 1,540m. Meal includes: Breakfast/Lunch/Dinner.
- **Day 6 :** Trek to Tashigaon 2,970m. Meal includes: Breakfast/Lunch/Dinner.
- **Day 7 :** Trek to Khongma 3,560m. Meal includes: Breakfast/Lunch/Dinner.
- **Day 8 :** Rest and acclimatization day. Meal includes: Breakfast/Lunch/Dinner.
- **Day 9 :** Cross Shipton La and trek to Debotay 3,650m. Meal includes: Breakfast/Lunch/Dinner.
- **Day 10 :** Trek to Yangle Kharka 3,600m. Meal includes: Breakfast/Lunch/Dinner.
- **Day 11 :** Trek to Merek 4,500m. Meal includes: Breakfast/Lunch/Dinner.
- **Day 12 :** Trek to Shersong, Mera Peak 18,000ft. Meal includes: Breakfast/Lunch/Dinner.
- **Day 13 :** Day tour to Makalu Base Camp 28,000ft. Meal includes: Breakfast/Lunch/Dinner.
- **Day 14 :** Trek to Yangle Kharka. Meal includes: Breakfast/Lunch/Dinner.
- **Day 15 :** Trek to Mumbuk. Meal includes: Breakfast/Lunch/Dinner.
- **Day 16 :** Trek to Khongma. Meal includes: Breakfast/Lunch/Dinner.
- **Day 17 :** Trek to Tashi Gawn. Meal includes: Breakfast/Lunch/Dinner.
- **Day 18 :** Trek to Num. Meal includes: Breakfast/Lunch/Dinner.
- **Day 19 :** Trek to Chichila, Transfer to Tumlingtar. Meal includes: Breakfast/Lunch/Dinner.
- **Day 20 :** Fly back to Kathmandu and transfer to Hotel. Meal includes: Breakfast/Dinner.
- **Day 21 :** Final Departure

**Note:** The above itinerary can be tailor made as per client's request, we can make the itinerary shorter/Longer by cutting or adding days, People who have longer time can add the White Water Rafting, Jungle safari tour in Chitwan National park, Paragliding and Zeep Flyer in Pokhara and other extra activities so feel free to write us on [info@xtremeclimbers.com](mailto:info@xtremeclimbers.com) for further details.

## Cost Includes

### Full Board Service Includes

- Entire necessary transportation to and from the starting and ending points of the trek as per itinerary
- Two Nights \*\*\*Hotels in Kathmandu with B/B
- 3 times meals - breakfast, lunch & dinner including the coffee and tea during trek.
- Twin share accommodation in tea houses or in tents VE-25 North Face as per itinerary during the trek and Camping.
- Entire necessary camping and toilette tents as well kitchen equipments if required.
- Twin share accommodation with breakfast in Kathmandu per itinerary.

- Government Licensed guide and necessary porters during the trek.
- Thuraya SAT Phone (Emergency use only)
- Radio Walki Talki
- Insurance of all staff including porters.
- Government / Local taxes, Tourist service charge, guide / porter insurance and salary, general equipment, national park and conservation area fees
- Makalu trekking map, TIMS Card & Trek Permit

## Cost and payment details

The cost is depending on group size, affected due to the requirement of number of guides and porters, requisite of Hotel in Kathmandu, method of land/air transport. The itinerary is changeable and modifiable as per needs and time frame of trekkers. Cost will be re calculated if the itinerary is changed or modified. Additional activities may be added as per trekkers request with appropriate additional cost. For Total Tour cost **EMAIL US**, we will send you within 24 hours as your requirements.

## Why we don't include cost in our website?

**NOTE:** To provide you service in reasonable cost and attempt to address your each requirement **Xtreme Climbers** desired to provide you with some information which directly affects the cost and also helps us breakdown the cost. That is why we have decided to clarify our customers that due to the following reasons mentioned below we have not included the cost of each package in the company website.

1. Climbing season: The climbing permit royalty cost for mountain will be different during Spring and Autumn season. Normally most of the climbers climb Himalayas in the Spring season. Climbing permit during Autumn will be 50% less than the spring season.
2. The cost of the trip depends on Number of persons joining in group for High expedition or Mountain Climbing including number of climbers, non-climber, base camp supporters, medical doctors, The number of climbing Sherpa guides, high altitude porters, kitchen crew, mode of transport you prefer and many other factors can affect the cost of the trip. Alpine climbing guide as well as the category of the hotel accommodation and the facilities that you aspire in the mountains affect the cost.
3. We operate the High Expedition as climbing in full arrangement package and basic arrangement service (full board or base camp service) which affects the expedition cost.
4. Request numbers of oxygen, mask regulators and the brands the clients require
5. The itinerary may be changed after reaching an understanding between the agency and the client. Other activities could be added or reduced as per the client's request before processing the trip. Price for reduced activities could be deducted and additional activities could be added in mutual understanding.
6. Either you want to operate this expedition as international group joining basics of Xtreme Climbers or individual (private arrangement) expedition.
7. Type of high camp food that clients require. Any specialized food that has to be ordered from foreign countries will be costlier compared to the one available here.
8. Either any of the climbers intend to attempt any world records? If so, do they require special services or equipment?

Due to the reasons mentioned above we would like to discuss with our client directly before offering the cost. So please feel free to drop your queries in [CONTACT US](#) or login to [Xtreme Climbers](#) for any information about your selected package.

## Cost Excludes

### Full Board Service Excludes

- International airfares
- Trekking Equipment
- Major meals, lunch and dinner in Kathmandu
- Any type of personal expenses, such as alcoholic beverages and drinks, phone and laundry.
- Nepal entry visa fee – you may easily obtain the visa upon your arrival at Kathmandu airport.
- Rescue & travel insurance, trip cancellation costs, accident or health emergency, evacuation, loss, theft or damage to baggage and personal effects. We strongly advise you to take out personal travel insurance.
- Tips for guide and porters.

